

Arts Ballet Academy 2023-24: Classes and Open/Rec Program Beginners 8+

Any of the below classes may be taken alone or in combination.

Notes:	Age/Skill	Class Name	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Counts towards 4+ Pointe Hours?
Beginning Open/Rec Classes, May take one or many classes, Performance Opportunities based on class and involvement Youth/Adult									
	10-15	Youth Beginner Ballet & Performance	optional 2a/b			5:00-6:15			x
	lev 2 or 10+	Modern Contemporary B			6:30-7:00				
	7-12	Acting & Repertoire				5:00-6:15			
	Adults or 15+	Adult Beginning Ballet			7-8:30				x
	Adults or 15+	Beginning Adult Modern/Cont.			6:30-7:00				
	10+	Beg/Int PBT					4:00-4:30		x
	7/8+	Conditioning					4:15-4:45		
	lev 1+ or Beginners	Beginner Jazz/Contemporary/Open Tech					4:45-6:00		
	Ages 13-Adult	Teen/Adult Beginning Ballet					5:00-6:15		
	7-14	Musical Theater			5:00-6:00				
	8+	Beginning Tap			4:30-5:00				

last updated 8/2/23

Arts Ballet Academy 2023-24: Classes and Open/Rec Program Intermediate

Any of the below classes may be taken alone or in combination.

Notes:	Age/Skill	Class Name	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Counts towards 4+ Pointe Hours?
Intermediate Open/Rec, take a la carte, Must have completed Ballet 2/3 or be Teen/Adult with Skill Level, Performance Opportunities Available by Class									
	Skill Level 9+	Youth Intermediate Ballet (lev 3)			7:00-8:00				x
	Adult	Adult Intermediate Ballet			7:00-8:00				x
	7-12	Acting & Repertoire				5:00-6:15			x
	Int Skill 12-Adult	Int/Adv Tap			6:00-7:00				
	10+	Beg/Int PBT					4:00-4:30		x
	lev 3 & Teen/Adult	Int. Jazz/ Contemporary/Open Tech					4:30-5:30		

	lev 3 & Teen/Adult	Jr. Ensemble Tech & Perform						4:30-6:30		
	9+ and Skill	Sat. Conditioning							9:00-9:30	
	9+ and Skill	Sat. Int. Ballet Technique							9:30-11:00	x
	10+ and Skill	Pre-Pointe/Beg Pointe							11:15-12:30	x

last updated 8/2/23

Arts Ballet Academy 2023-24: Classes and Open/Rec Program Advanced

Any of the below classes may be taken alone or in combination.

Notes:	Age/Skill	Class Name	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Counts towards 4+ Pointe Hours?
Custom Schedule for Advanced Classes Available. Dancers must have completed prerequisites and/or be Teen/Adult with Adv. Skill Level, Performance Opportunities									
Customize: Any advanced student is welcome to take one or more Advanced classes as long as they meet the skill requirement for the class. See the Level 4-5-6 classes. Please allow us to advise our Advanced Dancers on their classes and any questions or conflicts. Make a counseling appointment calendly.com/artsballet or email us!									
Note: Dancers not in the core ballet program who join performances and have rehearsals outside of normal class time pay for their rehearsals by an hourly rate added onto their monthly tuition on the tuition scale. Rehearsal time is not included unless you are in one of the core ballet programs.									

Advanced Classes in Detail. May Customize a Schedule. Must have completed prerequisites and/or be Teen/Adult with Adv. Skill Level, Performance Opportunities

Placement Req.	12+ & Skill	Adv. Ballet 4 Tech Classes	5:30-7:00	6:15-8:00	7:00-8:30	3:30-5:00		9:30-11:00	x
Placement Req.	13+ & Skill	Adv. Ballet 5-6 Tech Classes	5:30-7:00	6:15-8:00	7:00-8:30	3:30-5:00		9:30-11:00	x
Placement Req.	13+ & Skill	Adv. & Int Pointe Tech	part of class	6:00-6:45			3:30-4:30 or 4:00-4:30	11:15-12:30	x
Placement Req.	12+ & Skill	Set Perform/Rehearsal Blocks	8:00-8:30 contemp.	8:00-8:30 ballet			5:30-6:30 ensemble		x
Placement Req.	12+ & Skill	Modern Contemporary D	7:00-8:30						
Placement Req.	13+ & Skill	Modern Contemporary E	7:00-8:30						
Placement Req.	12+ & Skill	Sr. Jazz/Contemporary/Open Tech (rotates class styles)					4:30-5:30		
Placement Req.	12+ & Skill	Sr. Ensemble & Choreography					5:30-6:30 * must also take 4:30-5:30 technique class		
	7-14	Acting & Repertoire				5:00-6:15			
Placement Req.	12+ & Skill	Int/Adv Tap			6:00-7:00				
	12+ & Skill	Conditioning	5:15-5:30	6:00-6:15			4:00-4:30	9:00-9:30	
	12+ & Skill	Pilates Mat for Adv Dancers		6:00-6:15					
Placement Req.	12+ & Skill	PBT: Progressing Ballet Tech					4:00-4:30	9:00-9:30	x
	15+ & Skill	Adult Intermediate Ballet			7:00-8:30				x
	10-14 & Skill	Youth Intermediate Ballet			7:00-8:30				